



KOOTENAY ESSENTIALS

The numbers for a bad night. Pin this up while everything works.

kootenaylist.ca/essentials

LINES CHECKED 24 AUG 2026

9-1-1 Life or property in danger	9-8-8 When it feels like too much. Call or text.	8-1-1 A nurse, any hour, free	2-1-1 Community help and services
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SEE IT, SMELL IT, REPORT IT

Wildfire *5555

from a cell, or 1-800-663-5555

Gas leak or gas smell 1-800-663-9911

Poison, any kind 1-800-567-8911

have the container in your hand

Spill on land or water 1-800-663-3456

POWER OUT?

BC Hydro 1-800-224-9376

FortisBC electricity 1-866-436-7847

Nelson Hydro nelson.ca

Grand Forks grandforks.ca

Yours is printed on your bill. Circle it above.

THE ROADS

DriveBC drivebc.ca

Check it before Kootenay Pass, the Paulson, or Rogers Pass.

SOMEONE TO TALK TO, ANY HOUR

Kids Help Phone 1-800-668-6868

kids and teens, any reason, or text CONNECT to 686868

Mental health support 310-6789

no area code needed

VictimLinkBC 1-800-563-0808

AFTER THE EMERGENCY

ICBC, report a crash 1-800-910-4222

WorkSafeBC, unsafe work 1-888-621-7233

Interior Health interiorhealth.ca

FIRES, FLOODS AND EVACUATIONS

EmergencyInfoBC emergencyinfobc.gov.bc.ca

RD of Central Kootenay rdck.ca

RD of East Kootenay rdek.bc.ca

RD of Kootenay Boundary rdkb.com

Alerts come from your regional district. Circle yours and sign up on their site.

FILL THIS IN TONIGHT, IN PEN, WHILE EVERYTHING WORKS

Our RCMP detachment, non-emergency

Our hospital or health centre

Our power utility's outage line

If we are separated, we meet at

From The Kootenay List, the region's open business register. Every number and door on this sheet was checked against its own site on the date above; the live page carries the links and your local detachments and hospitals. Free for everyone, and nobody pays for placement.

